

SportHealth™ Program

SportHealth™ is an evolving program offered by the network of PacificSport Centres and CSI Pacific. It is a partnership program created between SportHealth™ practitioners province-wide, and PacificSport and CSI Pacific. This program is available to all athletes registered with PacificSport and/or CSI Pacific and enhances training environments by providing easy local access to training centres.

PacificSport Vancouver Island SportHealth™ Partners

NORTH ISLAND FACILITIES	HOURS OF AVAILABILITY	SERVICES AVAILABLE with PSVI CARD	ADDITIONAL INFO
Active Living Physiotherapy Unit 2- 2380 South Island Highway Campbell River, BC Phone: 778.420.0111 www.activelivingphysio.com	M/W/F: 9:00am - 3:00pm Tu/Th: 9:00am - 4:30pm	Please see the Athlete and Coach Services Coordinator	20-30% discounts on selected services
Epic Physiotherapy 1720 14 Ave, Campbell River, BC Phone: 250.287.4046 www.epicphysiotherapy.ca	By Appointment	Acute & Chronic Injury Care Movement Based Rehabilitation	20-30% discounts on selected services
FyiDoctors - Campbell River 5 - 2380 South Island Hwy Campbell River, BC V9W 1C3 Phone: 250-338-5327 www.fyidoctors.com/campbellriver	M/Tu: 8:00am - 4:30pm Wed: 8:00am - 6:00pm Th/Fri/Sat: 8:00am - 4:30pm	Please see the Athlete and Coach Services Coordinator	20-30% discounts on selected services
FyiDoctors - Courtenay 340 - 11th Street Courtenay, BC V9N 8H5 Phone: 250-338-5327 www.fyidoctors.com/courtenay	M/Tu: 8:00am - 4:30pm Wed: 8:00am - 6:00pm Th/Fri/Sat: 8:00am - 4:30pm	Please see the Athlete and Coach Services Coordinator	20-30% discounts on selected services
MID ISLAND FACILITIES	HOURS OF AVAILABILITY	SERVICES AVAILABLE with PSVI CARD	ADDITIONAL INFO
Active Solutions Health + Sport Unit A – 341 First Avenue, PO Box 881 Ladysmith, BC, V9G 1A3 Phone: 250.924.4444 www.activesolutionshealth.ca	See website	Athletes and/or coaches receive priority booking and reduced costs per session. Booking with a registered physiotherapist within 24 – 48 hours of contacting the clinic.	20-30% discounts on selected services
Bastion Physio Therapy -Gabriola 705 Burnside Dr. Gabriola, B.C. V0R 1X0 Phone: 250.247.9543 www.bastionphysio.com	Tu/Th/Sat: 7:00am - 5:00pm	Please see the Athlete and Coach Services Coordinator	20-30% discounts on selected services
Bastion Physio Therapy -Nanaimo 85 Wallace Street Nanaimo, B.C. V9R 5A8 Phone: 250.716.1110 www.bastionphysio.com	Mon-Sat: 7:00am - 7:00pm	Please see the Athlete and Coach Services Coordinator	20-30% discounts on selected services
FyiDoctors - Nanaimo 1-1500 Waddington Rd Nanaimo, BC V9S 4V9 Phone: 250-753-4531 www.fyidoctors.com/nanaimo-waddington/	Mon/Th/Fri: 8:00am - 5:00pm Tu/Wed: 8:30am - 6:00pm Sat: 9:00am - 5:00pm	Please see the Athlete and Coach Services Coordinator	20-30% discounts on selected services
Modo Yoga and Island Optimal Health & Performance Bowen Rd Location #103 1808 Bowen Rd Nanaimo, BC V9S 5W4 Email: info@modoyogananaimo.com Website: nanaimo.modoyoga.com	See Website	Moksha, Moksha Flow, Moksha Mix, Moksha Level 2, Hot Pilates, Moksha Mild, Yin Yoga, Yang & Yin	50% Off: Drop-In Visits 10-Class Passes Auto-Renew Memberships
Moksha Yoga and Island Optimal Health & Performance Rutherford Rd Location #100 5271 Rutherford Rd Nanaimo, BC V9T 5N9 Email: info@modoyogananaimo.com Website: nanaimo.modoyoga.com	See Website	Moksha, Moksha Flow, Moksha Mix, Moksha Level 2, Hot Pilates, Moksha Mild, Yin Yoga, Yang & Yin	50% Off: Drop-In Visits 10-Class Passes Auto-Renew Memberships
Woodgrove Pines Clinic 6135 Metral Dr, Unit 102 Nanaimo, BC V9T 2L7 250.390.2003 www.woodgrovepinesclinic.com Email: Woodgrove Pines	Mon: 8:00am - 6:00pm Tu/W/Th: 8:00am - 8:00pm Fri: 8:00am - 6:00pm Sat: 8:00am - 2:00pm	Sport/njury Rehabilitation, Concussion Assessment, Shockwave Treatment, Chiropractic, Physiotherapy, Registered Massage Therapy, Naturopathic Medicine, Acupuncture, Spinal Decompression, Active Release Therapy	20-30% discounts on selected services Emergency Appointments Available
ONLINE RESOURCES	HOURS OF AVAILABILITY	SERVICES AVAILABLE with PSVI CARD	ADDITIONAL INFO
HeadStartPro http://headstartpro.com/	Anytime	Please see the Athlete and Coach Services Coordinator	25% discounts on courses