

PLAYcare Covid-19 Safety Plan 2021

Due to COVID-19 the following Safety Plan will be in place for all camps and activities hosted by PacificSport Vancouver Island as of August 1, 2020 and until further notice. This document will be updated as regulations and PHO's change.

This document was updated: January 5th, 2021

Pick Up/ Drop Off

- Parents are required to administer daily health checks for their children prior to arrival. If you or someone in your household are experiencing COVID-19 symptoms, please do not attend PLAYcare and call 811 for further instruction. Find a health check template at the bottom of this document.
- Participants will be picked up and dropped off at the same location. A pickup/drop off sign will be posted, and parents will be instructed to drop off and pickup from same place daily.
- Upon drop off and pick up each participant must use the hand sanitization station.
- Staff will undergo daily health checks prior to starting their shift.
- If participants show any symptoms of COVID-19 throughout program, then parents will be contacted, and pickup must occur immediately. You will be required to contact 811 and return when symptom free and a negative COVID-19 test if testing is required.
- Parents are not allowed to spectate the program as per the current PHO

Hand Hygiene

Participants must....

- use hand sanitizer station upon entry to the program
- use hand sanitizer station before and after snack
- wash hands or use hand sanitizer station after using washrooms
- wash hands or use hand sanitizer station after blowing nose, sneezing or crying
- use hand sanitizer if shared equipment is being used
- use hand sanitizer station upon pickup

Campers will be encouraged.....

- to cough or sneeze into their elbow
- to ensure all used garbage (ie-tissues) are placed into the garbage can
- not to touch eyes, mouth or nose throughout the program

Physical Distancing

- Games and sports that maintain physical distancing will be utilized
- Participants will be broken into smaller groups that ensure physical distancing is maintained as numbers increase
 - As per ViaSport Guidelines, a cohort of 50 is allowed, however we will refrain from having this many interact at one time. Participants will be grouped with leaders and use separate play spaces to maximize physical distancing

- As per the PHO December 15, 2020, physical distancing will be enforced
- Participants will eat snacks with proper spacing in mind (2 meters)
- Markers will be taped or chalked onto floor for participants to use to ensure physical distancing.
- Participants will be instructed to leave items from home at home or left in their bag.
- Supplies will be plentiful so participants have their own items and shared items will be discouraged.

Cleaning and Disinfecting

- All sports equipment will be cleaned daily using disinfectant.
- All high touch areas in the facility will be cleaned daily.
- Toys from home will not be allowed at the program.
- Cleaning and disinfecting will be done throughout the program

First Aid

- Staff will be available and have proper training for all first aid issues.
- All staff **MUST** wear gloves which will be provided when administering any first aid issues.
- All used first aid supplies will be put into an empty bag which will be sealed or tied before throwing in garbage.

Personal Protection Equipment (PPE)

- Masks will be worn by staff members during the program
- Masks will be required for staff in all public-indoor settings (examples: office space and washrooms)
- Masks are not required for children **UNDER** the age of 12
- Masks will be required in indoor public spaces (like the restroom) for children 12 and over as per the current PHO

Should a participant or staff contract COVID-19 or be in contact with someone who tested positive for COVID-19...

- Do not attend camp
- Follow all instruction from Public Health
- Contact Kayla immediately and give details of date of exposure or positive test
- Go to [BC Centre for Disease Control](#) for information about exposure and or contact Island Health 1-866-770-7798 for direction.
- Kayla will follow direction given by Public Health guidance

If you have any questions, concerns or to let us know that your child will be absent from camp, please contact Kayla Liddle, kliddle@pacificsport.com

Thank you for your cooperation.

Daily Health Check

This is the daily health check that should be used to determine whether or not your child should attend PLAYcare.

| Daily Health Check | | | |
|----------------------------|--|------------|----|
| 1. Key symptoms of illness | Do you have any of the following new key symptoms? | Circle One | |
| | Fever | YES | NO |
| | Chills | YES | NO |
| | Cough or worsening of chronic cough | YES | NO |
| | Breathing difficulties (breathing fast or working hard to breathe) | YES | NO |
| | Loss of sense of smell or taste | YES | NO |
| | Diarrhea | YES | NO |
| | Nausea and vomiting | YES | NO |
| 2. International Travel | Have you returned from travel outside of Canada in the last 14 days? | YES | NO |
| 3. Confirmed Contact | Are you a confirmed contact of a person confirmed to have COVID-19? | YES | NO |

If you answered “YES” to two or more of the questions included under “key symptoms of illness” OR you have a fever or difficulty breathing, see a health assessment. A health assessment includes calling 811, or a primary care provider like a physician or nurse practitioner. If a health assessment is required, your child should not return to PLAYcare until COVID-19 has been excluded AND they are symptom free.

If you answered “YES” to only one of the questions included under “key symptoms of illness” (excluding fever and difficulty breathing), your child should stay home for 24 hours from when the symptoms started. If the symptoms improve, the child may attend PLAYcare when they are symptom free. If symptoms persist or worsen, seek a health assessment. A health assessment includes calling 811, or a primary care provider like a physician or nurse practitioner.

If you answered “YES” to questions 2 or 3, follow all necessary quarantining laws. Use the [COVID-19 Self-Assessment Tool](https://bc.thrive.health/) at <https://bc.thrive.health/> to determine if you should seek testing for COVID-19. Your child may not attend PLAYcare if they are required to self-isolate. If a COVID-19 test is recommended as a result of the health assessment, the child may not attend PLAYcare until COVID-19 has been excluded AND they are symptom free.