

**COACH
ACADEMY**



**PACIFIC
SPORT**
VANCOUVER ISLAND

Schedule: 2023/2024

Semester One: The Art of Coaching

September to December 2023

<i>Date and Time</i>	<i>Topic</i>
Sunday, September 24: 6:30 to 8pm	Coach Academy Introduction
Sunday, October 1: 6:30 to 8pm	Workshop One: Coaching Values
October 15, 2023: 6:30 to 8pm	CCMHS Coach Workshop One
Sunday, November 5: 6:30 to 8pm	Workshop Two: Setting Program Targets
Saturday December 9: 9am to 12pm	NCCP Planning a Practice: Part One
Sunday December 10: 9am to 12pm	NCCP Planning a Practice: Part Two

PacificSport VI
Workshop

Canadian Center for
Mental Health in
Sport

National Coach
Certification Program
Course

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Semester Two: The Coaching Environment

January to March 2024

<i>Date and Time</i>	<i>Topic</i>
January 7, 2024: 6:30-8pm	CCMHS Coach Workshop Two
Saturday, January 20: 9am to 1pm	NCCP Basic Mental Skills
Sunday, February 4: 6:30 to 8pm	Workshop One: Creating Culture
Saturday February 17: 9am to 12pm	NCCP Teaching and Learning: Part One
Sunday February 18: 9am to 12pm	NCCP Teaching and Learning: Part Two
Sunday March 3: 6:30 to 8pm	Truth and Reconciliation in Sport with Alex Nelson
Sunday March 24th 6:30-8pm	CCMHS Coach Workshop Three

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**External Guest
Presenter**

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Semester Three: Coaching That Inspires

April to May 2024

<i>Date and Time</i>	<i>Topic</i>
Saturday April 1 & Sunday April 2: 830am to 1:30pm	International Society of Performance Analysis in Sport (ISPAS) course
Saturday, April 15: 9am to 12pm	NCCP Design a Basic Sport Program
Sunday, April 16: 9am to 12pm	NCCP Design a Basic Sport Program
Sunday, April 28: 630 to 8pm	Workshop One: Mental Performance & Coaching
Sunday May 5: 630 to 8pm	Workshop Two: Developing Your Coaching Philosophy (Final Assignment)

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