



Spring Program Guide

April-June 2022

Lower Mainland | Interior | Vancouver Island





Canucks Autism Network (CAN) provides programs to individuals on the autism spectrum and their families, while promoting acceptance and inclusion through community engagement and training initiatives across BC and beyond.

The CAN team consists of a diverse group of trained staff, experienced support workers and dedicated volunteers who administer programs in safe and supportive environments.

As we move towards Spring 2022, CAN continues to closely monitor and follow guidelines issued by the Provincial Health Authority of BC, viaSport, BC Parks and Recreation Association, and WorkSafe BC. We will maintain COVID-screening questions for sessions.

The CAN Team continues to be committed to supporting young children to be active and develop fundamental movement skills in a safe environment. [See page 34>>](#)

Interested in signing up for CAN programs?

[Join now!](#) For \$25 per year (per individual on the autism spectrum), membership gives children, youth and adults on the autism spectrum access to our full range of programs and family experiences year-round.

[Learn more about membership >>](#)

Already a CAN member?

[Login to your membership profile](#) when registration opens.

Questions about membership and registration?

Email: info@canucksautism.ca | Call: 604-685-4049

Office Hours: Mon-Fri, 8:30am-4:30pm | 1788 West 8th Avenue, Vancouver

In order to do our part to maximize public safety, all CAN office staff have been advised to work from home until further notice. As a result, there may be some delays in communication, as our staff work remotely to continue to serve our CAN community.

Lower Mainland

Abbotsford

- Active (3-6yrs)
- Multisport (7-12yrs)

Burnaby

- Active (3-6yrs)
- Multisport (7-12yrs)
- Swim (3-6, 7-12yrs)

Chilliwack

- Active (3-6yrs)
- Multisport (7-12yrs)
- Swim (3-6, 7-12, 13+yrs)

Coquitlam

- Fitness (13-17, 18+yrs)
- Skate (3-6, 7-12yrs)
- Swim (3-6yrs)

Langley

- Active (3-6yrs)
- Fitness (13+yrs)
- Gymnastics (7-12yrs)
- Multisport (7-12yrs)
- Swim (3-6, 7-12, 13+yrs)

Maple Ridge

- Active (3-6yrs)
- Multisport (7-12yrs)
- Swim (3-6, 7-12y 13+yrs)

North Vancouver

- Try It! (13+yrs)

Port Coquitlam

- Swim (7-12, 13+yrs)

Richmond

- Active (3-6yrs)
- Multisport (7-12yrs)
- Swim (3-6, 7-12yrs)

Surrey

- Active (3-6yrs)
- Multisport (7-12yrs)
- Swim (7-12, 13+yrs)
- Walking Club (13-17, 18+yrs)

Vancouver

- Active (3-6yrs)
- Introduction to Rowing (13+yrs)
- Multisport (7-12yrs)
- Music (7-12, 13-17yrs)
- Skate (3-6, 7-12yrs)
- Swim (3-6, 7-12, 13+yrs)
- Walking Club (13-17, 18+yrs)

Virtual Programs

- Early Years (3-6yrs)
- Children (7-12yrs)
- Youth and Adult (13+yrs)



Sessions subject to change.

Interior

Kamloops

- Active (3-6yrs)
- Gymnastics (7-12yrs)
- Multisport (7-12yrs)
- Swim (3-6yrs, 7-12yrs)

Kelowna

- Active (3-6yrs)
- Multisport (7-12yrs)
- Outdoor Active (13+yrs)
- Skate (3-6yrs, 7-12yrs)
- Swim (3-6yrs, 7-12yrs)

West Kelowna

- Active (3-6yrs)
- Multisport (7-12yrs)

Vancouver Island

Nanaimo

- Active (3-6yrs)
- Multisport (7-12yrs)
- Skate (3-6yrs, 7-12yrs)
- Swim (3-6yrs, 7-12yrs)
- Walking Club (13+yrs)

Victoria

- Active (3-6yrs)
- Multisport (7-12yrs)
- Fitness (13+yrs)
- Swim (3-6yrs, 7-12yrs)
- Walking Club (13+yrs)

Programs by Age Group

Find information about our programs, including registration information, eligibility, as well as program locations and times, by clicking on any of the programs listed below.

3-6yrs	7-12yrs	13-17yrs, 18+yrs	All Ages
<ul style="list-style-type: none"> • Active • Skate • Swim • Virtual Early Years Programs 	<ul style="list-style-type: none"> • Gymnastics • Multisport • Music • Skate • Swim Levels 1/2/3 • Virtual Children's Programs 	<ul style="list-style-type: none"> • Swim • Monthly Youth & Adult Programs • Virtual Monthly Youth and Adult Programs • Virtual Weekly Youth and Adult Programs • Weekly Youth & Adult Programs • CAN Skills Training and Employment Program 	<ul style="list-style-type: none"> • Family Experiences



Registration for Weekly Spring Programs is now closed.

Late registration requests can be submitted at www.canucksautism.ca/late

Registration periods for Monthly Youth & Adult and Family Experiences varies throughout the season.

A [CAN Membership](#) is required for registration.

Registration is NOT first-come-first serve.

- Registration requests first go to a PENDING status, meaning that no spots are provided on a first-come, first-served basis.

Rank your programs in order of preference.

- While we do our best to accommodate preferences, they are **not** guaranteed.
- Participants are encouraged to request and rank all programs and locations of interest in order to help us better identify demand. This will help guide our future programming decisions and highlight areas most in need of fundraising support.

Due to the popularity of certain programs, waitlists will occur.

- Try not to be discouraged by waitlists. Being on a waitlist will positively impact your chances of enrolment for future seasons.

Our goal is to accommodate as many unique CAN members.

- Enrolment decisions are based on various factors, including program demand, a participant's registration history with CAN, and a participant's current and past program registration ranking.

A fun introduction to fundamental movement skills!

Active teaches children on the autism spectrum and their siblings core movement skills such as running, jumping and balancing in a safe and supportive environment.

Participants get the opportunity to play games and practice transitions while being physically active. Learning fundamental movement skills helps children build the confidence necessary for a lifetime of sport and physical activity!

Program Structure

45 mins, once per week, 6 weeks

Seasons: Fall, Winter, Spring

Cost: No cost

Siblings: Yes

Session Structure: Warm-up, group games, individual skill practice—see more in the [Active Storybook](#).

Healthy & Safety: [View CAN's Response to the Ongoing Pandemic](#)



SPRING 2022 ACTIVE LOCATIONS & TIMES

City	Facility	Day of the Week	Time	Start Date	Finish Date
Abbotsford	Abbotsford Recreation Centre	Thursday	5:15pm-6:00pm	Apr 14	May 26
Burnaby	Cameron Recreation Complex	Saturday	6:15pm-7:00pm	Apr 23	Jun 4
Burnaby	Edmonds Community Centre	Tuesday	6:15pm-7:00pm	Apr 19	May 24
Chilliwack	Evergreen Hall	Saturday	1:15pm-2:00pm	Apr 23	Jun 4
Kamloops	Kamloops Soccer Dome	Saturday	12:15pm-1:00pm	Apr 23	Jun 4
Kamloops	St. John Vianney Parish	Monday	5:15pm-6:00pm	Apr 25	Jun 6
Kelowna	Capital News Centre	Saturday	12:15pm-1:00pm	Apr 30	Jun 11
Langley	Douglas Recreation Centre	Wednesday	5:15pm-6:00pm	Apr 13	May 18
Langley	Douglas Recreation Centre	Friday	5:15pm-6:00pm	Apr 22	Jun 3
Maple	Maple Ridge Leisure Centre	Sunday	9:45am-10:30am	Apr 17	Jun 12
Nanaimo	Pleasant Valley Elementary	Tuesday	4:15pm-5:00pm	Apr 26	May 31
Richmond	West Richmond Community Centre	Saturday	Noon-12:45pm	Apr 23	Jun 4
Richmond	West Richmond Community Centre	Saturday	12:45pm-1:30pm	Apr 23	Jun 4
Surrey	Georges Vanier Elementary	Monday	5:15pm-6:00pm	Apr 25	Jun 13
Surrey	Maddaugh Elementary	Friday	5:15pm-6:00pm	Apr 21	May 26
Surrey	Uplands Sports Centre	Friday	5:15pm-6:00pm	Apr 22	Jun 3
Vancouver	Britannia Community Centre	Monday	5:15pm-6:00pm	Apr 25	Jun 6
Vancouver	Jewish Community Centre	Saturday	9:30am-10:15am	Apr 23	Jun 4
Victoria	Arbutus Middle School	Monday	6:15pm-7:00pm	Apr 25	Jun 6
Victoria	Royal Oak Middle School	Saturday	11:30am-12:15pm	Apr 23	Jun 4
West Kelowna	Mar Jok Elementary	Monday	5:15pm-6:00pm	Apr 25	Jun 13

Reg. opens: Mon, Feb 7 at noon | Reg. closes: Sun, Feb 13 at 11:59pm

Sessions subject to change.

Learn the joy of skating!

Skate for 3-6yrs teaches children on the autism spectrum basic skating skills such as moving forward, gliding, and stopping in a safe and supportive environment.

[View CAN's Response to the Ongoing Pandemic.](#)

Program Structure

30 minutes, once per week, 6 weeks

Seasons: Fall, Winter, Spring

Cost: \$30 | **Siblings:** No

Session Structure: Warm-up, skill practice, group games. See more in the [Skate Activity Storybook](#).

Equipment: Skate and helmet rentals are available at facilities.



SKATE (3-6YRS) SPRING 2022 LOCATIONS & TIMES

City	Facility	Day of the Week	Time	Start Date	Finish Date
Coquitlam	Poirier Sport & Leisure Complex	Saturday	2:15pm-2:45pm	Apr 23	Jun 4
Coquitlam	Poirier Sport & Leisure Complex	Saturday	2:45pm-3:15pm	Apr 23	Jun 4
Kelowna	Capital News Centre	Tuesday	5:00pm-5:30pm	Apr 19	May 24
Nanaimo	Cliff McNabb Arena	Friday	4:15pm-4:45pm	Apr 29	Jun 10
Vancouver	Britannia Community	Saturday	10:45am-11:15am	Apr 23	Jun 4

Reg. opens: Mon, Feb 7 at noon | Reg. closes: Sun, Feb 13 at 11:59pm

Swim for 3-6yrs teaches basic swimming and water safety skills to children on the autism spectrum in a safe and supportive environment.

The program is delivered under the nationally-recognized [Canadian Red Cross Swim program](#).

This program is recommended for children who are comfortable in the water and learning with parent/guardian support.

Prerequisite: No previous swim experience required.

Parents/caregivers should also be prepared to be in the water.

Program Structure

30 minutes, once per week, 6-8weeks

Seasons: Fall, Winter, Spring

Cost: No cost | **Ages:** 3-6 | **Siblings:** No

Session Structure: In-water support provided by parent/guardian; certified water safety instructor will direct program according to Preschool and Swim Kids 1 Red Cross curriculum. See more in the [Swim Activity Storybook](#).

Healthy & Safety: [View CAN's Response to the Ongoing Pandemic](#)

PLEASE NOTE:

- It is the responsibility of the parent/guardian/participant to register for the correct level. If the participant has not been placed correctly, they may or may not be permitted to transfer to an alternate level, based on program availability. If there are no spots available, the participant may be withdrawn from the program.
- Caregivers will need to provide any physical guidance required in the water (e.g., supporting the child to float).
- We request that the same caregiver attends each session to maximize success.
- Facility-specific COVID safety protocols will be provided and must be adhered to by all participants.
- *CAN's traditional swim programs will return as soon as it is safe to do so, where participants with all levels of support needs are encouraged to register.*



Canadian
Red Cross

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SWIM (3-6YRS) SPRING 2022 LOCATIONS & TIMES

City	Facility	Day of the Week	Time	Start Date	Finish Date
Burnaby	Edmonds Community Centre	Saturday	9:00am-9:30am	Apr 9	Jun 11
Burnaby	Edmonds Community Centre	Saturday	9:30am-10:00am	Apr 9	Jun 11
Burnaby	Edmonds Community Centre	Saturday	10:00am-10:30am	Apr 9	Jun 11
Burnaby	Edmonds Community Centre	Saturday	10:30am-11:00am	Apr 9	Jun 11
Chilliwack	Cheam Leisure Centre	Sunday	10:00am-10:30am	Apr 10	Jun 19
Chilliwack	Cheam Leisure Centre	Sunday	10:30am-11:00am	Apr 10	Jun 19
Chilliwack	Cheam Leisure Centre	Sunday	11:00am-11:30am	Apr 10	Jun 19
Chilliwack	Cheam Leisure Centre	Sunday	11:30am-noon	Apr 10	Jun 19
Coquitlam	City Centre Aquatic Complex	Sunday	8:00am-8:30am	Apr 10	Jun 19
Coquitlam	City Centre Aquatic Complex	Sunday	8:30am-9:00am	Apr 10	Jun 19
Coquitlam	City Centre Aquatic Complex	Sunday	9:00am-9:30am	Apr 10	Jun 19
Coquitlam	City Centre Aquatic Complex	Sunday	9:30am-10:00am	Apr 10	Jun 19
Coquitlam	City Centre Aquatic Complex	Sunday	10:00am-10:30am	Apr 10	Jun 19
Coquitlam	Poirier Sport & Leisure Complex	Sunday	2:00pm-2:30pm	Apr 10	May 29
Coquitlam	Poirier Sport & Leisure Complex	Sunday	2:30pm-3:00pm	Apr 10	May 29
Kamloops	Westsyde Pool and Fitness Centre	Friday	4:30pm-5:00pm	Apr 29	Jun 24
Kamloops	Westsyde Pool and Fitness Centre	Friday	5:00pm-5:30pm	Apr 29	Jun 24
Kelowna	Parkinson Recreation Centre	Sunday	3:30pm-4:00pm	Apr 10	Jun 12
Langley	W.C. Blair Recreation Centre	Saturday	9:30am-10:00am	Apr 9	Jun 11
Langley	W.C. Blair Recreation Centre	Saturday	10:00am-10:30am	Apr 9	Jun 11
Maple Ridge	Maple Ridge Leisure Centre	Saturday	Noon-12:30pm	Apr 9	Jun 11
Maple Ridge	Maple Ridge Leisure Centre	Saturday	12:30pm-1:00pm	Apr 9	Jun 11
Maple Ridge	Maple Ridge Leisure Centre	Saturday	1:00pm-1:30pm	Apr 9	Jun 11
Maple Ridge	Maple Ridge Leisure Centre	Saturday	1:30pm-2:00pm	Apr 9	Jun 11

Reg. opens: Mon, Feb 7 at noon | Reg. closes: Sun, Feb 13 at 11:59pm

Sessions subject to change.



SWIM (3-6YRS) SPRING 2022 LOCATIONS & TIMES

City	Facility	Day of the Week	Time	Start Date	Finish Date
Nanaimo	Beban Park Pool	Friday	5:30pm-6:00pm	Apr 8	Jun 3
Richmond	Minoru Centre for Active Living	Sunday	9:00am-9:30am	Apr 10	Jun 19
Richmond	Minoru Centre for Active Living	Sunday	9:30am-10:00am	Apr 10	Jun 19
Richmond	Minoru Centre for Active Living	Sunday	10:00am-10:30am	Apr 10	Jun 19
Vancouver	Jewish Community Centre	Saturday	Noon-12:30pm	Apr 9	Jun 11
Vancouver	Jewish Community Centre	Saturday	12:30pm-1:00pm	Apr 9	Jun 11
Vancouver	Jewish Community Centre	Saturday	1:00pm-1:30pm	Apr 9	Jun 11
Vancouver	Jewish Community Centre	Saturday	1:30pm-2:00pm	Apr 9	Jun 11
Victoria	Esquimalt Recreation Centre	Thursday	4:00pm-4:30pm	Apr 21	May 26
Victoria	Esquimalt Recreation Centre	Thursday	4:30pm-5:00pm	Apr 21	May 26
Victoria	Juan de Fuca Rec Centre	Saturday	4:00pm-4:30pm	Apr 23	Jun 4
Victoria	Juan de Fuca Rec Centre	Saturday	4:30pm-5:00pm	Apr 23	Jun 4

Reg. opens: Mon, Feb 7 at noon | Reg. closes: Sun, Feb 13 at 11:59pm

Sessions subject to change.

Virtual Programming for Early Years (3-6yrs) are hosted on a weekly basis through the online video calling program *Zoom*.

Coaches are able to connect in real-time with participants and teach new, fun, interactive lessons in a safe and supportive digital environment.

Have fun and build confidence alongside peers through activities guided by experienced CAN coaches!



Virtual Baseball

In partnership with JaysCare. Participants will enjoy baseball-based activities and games in the comfort of their home.

Participants will receive an adapted Challenger Baseball Equipment Kit which includes a bat, balls, and bases.

Virtual Coding

In partnership with CodeAbility. Learn the basics of coding through age-appropriate games. No experience or software required!

Program Structure

Duration: 30 minutes, once per week, for 6 weeks

Seasons: Fall, Winter, Spring

Cost: None

Ages: 3-6

Siblings: Yes

Virtual Drama

Participate in drama-based activities and games!

Virtual Yoga

Learn yoga through group games and activities!

SPRING 2022 VIRTUAL PROGRAMS DATES & TIMES

Location	Activity	Day	Time	Start Date	End Date
Online	Virtual Baseball	Saturday	1:15pm-1:45pm	Apr 23	Jun 4
Online	Virtual Coding	Monday	4:15pm-4:45pm	May 2	Jun 13
Online	Virtual Drama	Wednesday	4:30pm-5:00pm	Apr 27	Jun 1
Online	Virtual Yoga	Sunday	11:15am-11:45am	Apr 17	May 29

Reg. opens: Mon, Feb 7 at noon | Reg. closes: Sun, Feb 13 at 11:59pm

Gymnastics provides children on the autism spectrum an introduction to skills such as jumping, moving in different directions, balancing, as well as gym safety in a safe and supportive environment.

Participants are overseen by a certified gymnastics coach, trained support workers, and dedicated volunteers.

[View CAN's Response to the Ongoing Pandemic.](#)

Program Structure

1 hour, once per week, for 6 weeks

Seasons: Fall, Winter, Spring

Cost: \$60 | **Ages:** 7-12

Siblings: No

Session Structure: Circuit-style activities, individual and small group skill practice and group games - see more in [Gymnastics Activity Storybook](#) to help prepare your child for the program.



SPRING 2022 GYMNASTICS LOCATIONS & TIMES

City	Facility	Day of the Week	Time	Start Date	Finish Date
Kamloops	Tournament Capital Centre	Sunday	12:45pm-1:45pm	Apr 24	Jun 5
Langley	Langley Gymnastics	Sunday	4:15pm-5:15pm	Apr 24	Jun 12

Reg. opens: Mon, Feb 7 at noon | Reg. closes: Sun, Feb 13 at 11:59pm

Sessions subject to change.

Multisport provides children on the autism spectrum and their siblings a fun introduction to the world of sports, with a focus on soccer and basketball.

Participants will play games and learn sports drills while practicing transitions, taking turns and fundamental movement skills.



Program Structure

1 hour, once per week, 6 weeks

Seasons: Fall, Winter, Spring

Cost: No Cost | **Siblings:** Yes

Session Structure: Individual practice and group games that work on skills relating to physical literacy, and a variety of sports.

Participants can prepare for this program by reviewing the [Multisport Activity Storybook](#).

Health & Safety: [View CAN's Response to the Ongoing Pandemic](#).

SPRING 2022 MULTISPORT LOCATIONS & TIMES

City	Facility	Day of the Week	Time	Start Date	Finish Date
Abbotsford	Abbotsford Recreation	Thursday	6:00pm-7:00pm	Apr 14	May 26
Burnaby	Cameron Recreation Centre	Saturday	7:00pm-8:00pm	Apr 23	Jun 4
Burnaby	Edmonds Community Centre	Tuesday	7:00pm-8:00pm	Apr 19	May 24
Chilliwack	Evergreen Hall	Saturday	2:00pm-3:00pm	Apr 23	Jun 4
Kamloops	Kamloops Soccer Dome	Saturday	1:00pm-2:00pm	Apr 23	Jun 4
Kamloops	St. John Vianney Parish	Monday	6:00pm-7:00pm	Apr 25	Jun 6
Kelowna	Capital News Centre	Saturday	1:00pm-2:00pm	Apr 30	Jun 11
Langley	Douglas Recreation Centre	Wednesday	6:00pm-7:00pm	Apr 13	May 18
Langley	Douglas Recreation Centre	Friday	6:00pm-7:00pm	Apr 22	Jun 3
Maple Ridge	Maple Ridge Leisure Centre	Sunday	10:30am-11:30am	Apr 24	Jun 12
Nanaimo	Pleasant Valley Elementary	Tuesday	5:00pm-6:00pm	Apr 26	May 31

Reg. opens: Mon, Feb 7 at noon | Reg. closes: Sun, Feb 13 at 11:59pm

Sessions are subject to change.



SPRING 2022 MULTISPORT LOCATIONS & TIMES

City	Facility	Day of the Week	Time	Start Date	Finish Date
Richmond	West Richmond Community Centre	Saturday	1:45pm-2:45pm	Apr 23	Jun 4
Surrey	Georges Vanier	Monday	6:00pm-7:00pm	Apr 25	Jun 13
Surrey	Maddaugh Elementary	Friday	6:00pm-7:00pm	Apr 21	May 26
Surrey	Uplands Sport Centre	Friday	6:00pm-7:00pm	Apr 22	Jun 3
Surrey	Uplands Sport Centre	Friday	7:00pm-8:00pm	Apr 22	Jun 3
Vancouver	Britannia Community	Monday	6:00pm-7:00pm	Apr 25	Jun 6
Vancouver	Britannia Community	Monday	7:15pm-8:15pm	Apr 25	Jun 6
Vancouver	Jewish Community Centre	Saturday	10:15am-11:15am	Apr 23	Jun 4
Victoria	Arbutus Middle School	Monday	7:00pm-8:00pm	Apr 25	Jun 6
Victoria	Royal Oak Middle School	Saturday	12:15pm-1:15pm	Apr 23	Jun 4
West Kelowna	Mar Jok Elementary	Monday	6:00pm-7:00pm	Apr 25	Jun 13

Reg. opens: Mon, Feb 7 at noon | Reg. closes: Sun, Feb 13 at 11:59pm

Sessions are subject to change.

Experience the joy of music!

The Music program, in partnership with [Sarah McLachlan School of Music](#), offers children on the autism spectrum an introductory opportunity to play basic percussion instruments in a group lesson format.

Participants will enjoy music games and drills that work on a variety of rhythms. Lessons are taught by Sarah McLachlan School of Music instructors and supported by CAN staff and volunteers.

Program Structure

45-minutes, once per week, 8 weeks

Seasons: Fall, Winter, Spring

Cost: No Cost

Siblings: No

Health & Safety: [View CAN's Response to the Ongoing Pandemic.](#)

SPRING 2022 MUSIC LOCATIONS & TIMES

City	Facility	Day of the Week	Time	Start Date	Finish Date
Vancouver	Sarah McLachlan School of Music	Friday	5:45pm-6:30pm	Apr 22	Jun 3

Reg. opens: Mon, Feb 7 at noon | Reg. closes: Sun, Feb 13 at 11:59pm



Photo taken before 2020

Learn the joy of skating!

The Skate program for ages 7-12 teaches children on the autism spectrum basic skating skills such as moving forward, gliding, and stopping in a safe and supportive environment.

Equipment: Skate and helmet rentals are available at facilities.

[View CAN's Response to the Ongoing Pandemic.](#)

Program Structure

30-minutes, once per week, 6 weeks

Seasons: Fall, Winter, Spring

Cost: \$30

Siblings: No

Session Structure: Warm-up, skill practice, group games. See more in the [Skate Activity Storybook](#).





SPRING 2022 SKATE LOCATIONS & TIMES

City	Facility	Day of the Week	Time	Start Date	Finish Date
Coquitlam	Poirier Sport & Leisure Complex	Saturday	3:15pm-3:45pm	Apr 23	Jun 4
Coquitlam	Poirier Sport & Leisure Complex	Saturday	3:45pm-4:15pm	Apr 23	Jun 4
Kelowna	Capital News Centre	Tuesday	5:30pm-6:00pm	Apr 19	May 24
Kelowna	Capital News Centre	Tuesday	6:00pm-6:30pm	Apr 19	May 24
Nanaimo	Cliff McNabb Arena	Friday	4:45pm-5:15pm	Apr 29	Jun 10
Vancouver	Britannia Community Centre	Saturday	11:15am-11:45am	Apr 23	Jun 4
Vancouver	Britannia Community Centre	Saturday	11:45am-12:15pm	Apr 23	Jun 4

Reg. opens: Mon, Feb 7 at noon | Reg. closes: Sun, Feb 13 at 11:59pm

Sessions are subject to change.

The Swim Level 1 program focuses on water safety, swim skills, and fitness. Skills have been adapted from the [Red Cross Swim Kids Level I](#). Participants will be introduced to the following skills: bubbles, floating, kicking, water entries and exits. This program is recommended for children who are comfortable in the water and learning with parent/guardian support.

Parents/caregivers should also be prepared to be in the water.

PLEASE NOTE:

- It is the responsibility of the parent/guardian/participant to register for the correct level. If the participant has not been placed correctly, they may or may not be permitted to transfer to an alternate level, based on program availability. If there are no spots available, the participant may be withdrawn from the program.
- Caregivers will need to provide any physical guidance required in the water (e.g., supporting the child to float).
- We request that the same caregiver attends each session to maximize success.
- Facility-specific COVID safety protocols will be provided and must be adhered to by all participants.
- **CAN's traditional swim programs will return as soon as it is safe to do so, where participants with all levels of support needs are encouraged to register.**

Program Structure

30-minute sessions, 6-8 weeks

Seasons: Fall, Winter, Spring

Cost: No cost | **Siblings:** No

Session Structure: In-water support provided by parent/guardian; certified water safety instructor will direct program according to Swim Kids 1 Red Cross curriculum.

Health & Safety: [View CAN's Response to the Ongoing Pandemic.](#)



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SPRING 2022 SWIM LEVEL 1: LOCATIONS & TIMES

City	Facility	Day of the Week	Time	Start Date	Finish Date
Burnaby	Edmonds Community Centre	Saturday	9:00am-9:30am	Apr 9	Jun 11
Burnaby	Edmonds Community Centre	Saturday	9:30am-10:00am	Apr 9	Jun 11
Chilliwack	Cheam Leisure Centre	Sunday	10:00am-10:30am	Apr 10	Jun 19
Chilliwack	Cheam Leisure Centre	Sunday	11:00am-11:30am	Apr 10	Jun 19
Kamloops	Westside Pool and Fitness Centre	Friday	5:30pm-6:00pm	Apr 29	Jun 24
Kelowna	Parkinson Recreation Centre	Sunday	4:00pm-4:30pm	Apr 10	Jun 12
Langley	W.C. Blair Recreation Centre	Saturday	10:30am-11:00am	Apr 9	Jun 11
Maple Ridge	Maple Ridge Leisure Centre	Saturday	Noon-12:30pm	Apr 9	Jun 11
Maple Ridge	Maple Ridge Leisure Centre	Saturday	1:00pm-1:30pm	Apr 9	Jun 11
Nanaimo	Beban Park Pool	Friday	6:00pm-6:30pm	Apr 8	Jun 3
Richmond	Minoru Centre for Active Living	Sunday	10:30am-11:00am	Apr 10	Jun 19
Richmond	Minoru Centre for Active Living	Sunday	11:00am-11:30am	Apr 10	Jun 19
Surrey	Guildford Recreation Centre	Sunday	1:15pm-1:45pm	Apr 10	Jun 19
Surrey	Guildford Recreation Centre	Sunday	1:45pm-2:15pm	Apr 10	Jun 19
Surrey	Guildford Recreation Centre	Sunday	2:15pm-2:45pm	Apr 10	Jun 19
Vancouver	Jewish Community Centre	Saturday	12:30pm-1:00pm	Apr 9	Jun 11
Vancouver	Jewish Community Centre	Saturday	1:00pm-1:30pm	Apr 9	Jun 11
Victoria	Esquimalt Recreation Centre	Thursday	5:00pm-5:30pm	Apr 21	May 26
Victoria	Juan de Fuca Rec Centre	Saturday	5:00pm-5:30pm	Apr 23	Jun 4

Reg. opens: Mon, Feb 7 at noon | Reg. closes: Sun, Feb 13 at 11:59pm

Sessions are subject to change.

The Swim Level 2 program will continue to build on the foundational skills completed in [Red Cross Swim Kids Level 1](#), focusing on glides (front, back and roll over). Participants will continue to work on swim endurance with a distance of 10 meters. An introduction to deep water activities and life jackets will also be included. This program is recommended for children who are comfortable in the water and learning with parent/guardian support.

Prerequisite: Participants who have successfully completed Level I swim and/or are able to confidently and independently execute skills developed in Level 1.

Parents/caregivers should also be prepared to be in the water.

Program Structure

30-minute sessions, 6-8 weeks

Seasons: Fall, Winter, Spring

Cost: No cost | **Siblings:** No

Session structure: In-water support provided by parent/guardian; certified water safety instructor will direct program according to Swim Level 2 Red Cross curriculum.

Health & Safety: [View CAN's Response to the Ongoing Pandemic.](#)



PLEASE NOTE:

- It is the responsibility of the parent/guardian/participant to register for the correct level. If the participant has not been placed correctly, they may or may not be permitted to transfer to an alternate level, based on program availability. If there are no spots available, the participant may be withdrawn from the program.
- Caregivers will need to provide any physical guidance required in the water (e.g., supporting the child to float).
- We request that the same caregiver attends each session to maximize success.
- Facility-specific COVID safety protocols will be provided and must be adhered to by all participants.

CAN's traditional swim programs will return as soon as it is safe to do so, where participants with all levels of support needs are encouraged to register.



SPRING 2022 SWIM LEVEL 2: LOCATIONS & TIMES

City	Facility	Day of the Week	Time	Start Date	Finish Date
Burnaby	Edmonds Community Centre	Saturday	10:00am-10:30am	Apr 9	Jun 11
Burnaby	Edmonds Community Centre	Saturday	10:30am-11:00am	Apr 9	Jun 11
Chilliwack	Cheam Leisure Centre	Sunday	10:30am-11:00am	Apr 10	Jun 19
Chilliwack	Cheam Leisure Centre	Sunday	11:30am-Noon	Apr 10	Jun 19
Kelowna	Parkinson Recreation Centre	Sunday	4:30pm-5:00pm	Apr 10	Jun 12
Langley	W.C. Blair Recreation Centre	Saturday	11:00am-11:30am	Apr 9	Jun 11
Maple Ridge	Maple Ridge Leisure Centre	Saturday	12:30pm-1:00pm	Apr 9	Jun 11
Maple Ridge	Maple Ridge Leisure Centre	Saturday	1:30pm-2:00pm	Apr 9	Jun 11
Nanaimo	Beban Park Pool	Friday	6:30pm-7:00pm	Apr 8	Jun 3
Port Coquitlam	Hyde Creek Recreation Centre	Sunday	Noon-12:30pm	Apr 10	Jun 19
Richmond	Minoru Centre for Active Living	Sunday	11:30am-Noon	Apr 10	Jun 19
Surrey	Guildford Recreation Centre	Sunday	2:45pm-3:15pm	Apr 10	Jun 19
Vancouver	Jewish Community Centre	Saturday	1:30pm-2:00pm	Apr 9	Jun 11
Victoria	Esquimalt Recreation Centre	Thursday	5:30pm-6:00pm	Apr 21	May 26
Victoria	Juan de Fuca Rec Centre	Saturday	5:30pm-6:00pm	Apr 23	Jun 4

Reg. opens: Mon, Feb 7 at noon | Reg. closes: Sun, Feb 13 at 11:59pm

The **Level 3 Swim program** will continue to expand on skills completed in level 2 adding in front glide/side glide combination, and increasing swim distance to 15 meters. Swimmers will spend a significant amount of time in the deep water practicing safety skills, as well as being introduced to sitting dive and deep water support. **Prerequisite: Participants who have passed Level 2, and/or who are able to confidently and independently execute the skills developed in Level 2.**

Prerequisite: Participants who have successfully completed Level I swim and/or are able to confidently and independently execute skills developed in Level 1.

Parents/caregivers should also be prepared to be in the water.

PLEASE NOTE:

- It is the responsibility of the parent/guardian/participant to register for the correct level. If the participant has not been placed correctly, they may or may not be permitted to transfer to an alternate level, based on program availability. If there are no spots available, the participant may be withdrawn from the program.
- Caregivers will need to provide any physical guidance required in the water (e.g., supporting the child to float).
- We request that the same caregiver attends each session to maximize success.
- Facility-specific COVID safety protocols will be provided and must be adhered to by all participants.



Canadian Red Cross

Training Partner



Program Structure

30-minutes, once per week for 6-8 weeks

Seasons: Fall, Winter, Spring

Cost: No cost | Siblings: No

Session structure: Skill development, water safety awareness - see more in the [Swim Activity Storybook](#).

Health & Safety: [View CAN’s Response to the Ongoing Pandemic](#)

SPRING 2022 SWIM LEVEL 3: LOCATIONS & TIMES

City	Facility	Day of the Week	Time	Start Date	Finish Date
Victoria	Juan de Fuca Rec Centre	Saturday	6:00pm-6:30pm	Apr 23	Jun 4

Reg. opens: Mon, Feb 7 at noon | Reg. closes: Sun, Feb 13 at 11:59pm

Virtual Programming for Children

(7-12yrs) is hosted on a weekly basis through *Zoom*.

Coaches are able to connect in real-time with participants, teaching new, fun, and interactive lessons in the digital environment.

Guided by experienced CAN coaches, children will participate in fun games, make friends and socialize in a safe and supported environment. Program content will be adapted to best suit the needs of the participant.

Program Structure

45-minutes, once per week, 6 weeks

Seasons: Fall, Winter, Spring

Cost: None

Siblings: Varies



Virtual Baseball

In partnership with JaysCare. Try baseball-based activities and games in the comfort of your home. Participants will receive an adapted Challenger Baseball Equipment Kit which includes a bat, balls, and bases.

Virtual Cars Club

Participate in a range of car-themed activities! Participants will receive an equipment kit that better facilitate each activity.

Virtual Coding

In partnership with CodeAbility. Learn the basics of coding. No experience or software required!

Virtual Drama

Participate in a range of drama-based games and activities!

Virtual Drawing

The Virtual Drawing program offers children on the autism spectrum the opportunity to improve their skills, get creative and engage in group activities together.

Virtual Try It Golf

In partnership with Golf BC. Participants will all receive an adapted equipment kit from Golf BC to try games and activities in a group setting!

Virtual Sibling Meet Up

The Virtual Sibling Meet Up program provides an opportunity for siblings of individuals on the autism spectrum to get together on Zoom, build social relationships, and have a chance to connect.

Virtual Yoga

Guided by experienced CAN coaches, the Virtual Yoga program provides an opportunity for children on the autism spectrum to get together on Zoom and participate in a range of yoga activities.

SPRING 2022 VIRTUAL PROGRAMS DATES & TIMES

Location	Activity	Day	Time	Start Date	End Date
Online	Virtual Baseball	Saturday	2:00pm-2:45pm	Apr 23	Jun 4
Online	Virtual Cars Club	Saturday	11:15pm-Noon	Apr 23	Jun 4
Online	Virtual Coding	Monday	5:00pm-5:45pm 6:00pm-6:45pm	May 2	Jun 13
Online	Virtual Drama	Wednesday	5:15pm-5:45pm	Apr 27	Jun 1
Online	Virtual Drawing	Friday	4:45pm-5:30pm	Apr 22	Jun 3
Online	Virtual Try It Golf	Tuesday	4:45pm-5:30pm	Apr 5	May 10
Online	Virtual Yoga	Sunday	12:00pm-12:45pm	Apr 17	May 29

SPRING 2022 VIRTUAL SIBLING MEET UP DATES & TIMES

Location	Activity	Day	Time	Start Date	End Date
Online	Virtual Sibling Meet Up	Thursday	4:45pm-5:30pm	Apr 15	May 20

Reg. opens: Mon, Feb 7 at noon | Reg. closes: Sun, Feb 13 at 11:59pm

The **13+yrs Swim program** focuses on water safety, swim skills, and fitness. Skills have been adapted from the [Red Cross Swim Basic I program](#).

Support person or parent/guardian participation is required. Due to the high risk environment and likely requirement of physical assistance and guidance for participants, this support person must come prepared to provide 1:1 support for all sessions. *We are working with facilities and staff to return to our pre-COVID swim program model (8 weeks & CAN staff providing 1:1 support) as soon as it is safe to do so.*

Prerequisite: For participants who are still developing water entries and exits, floats, glides, and front swim of 10 metres. Participants who have completed the Red Cross Basic I program, or who are comfortable with the swim skills listed above, are encouraged to access additional Red Cross teens and young adult programs in their community.



Training Partner

PLEASE NOTE:

- It is the responsibility of the parent/guardian/participant to register for the correct level. If the participant has not been placed correctly, they may not be permitted to transfer to an alternate level due to program availability. If there are no spots available, the participant may be withdrawn.
- We request that the same caregiver attends each session to maximize success.

Program Structure

45-minutes, once per week, 6-8 weeks

Seasons: Fall, Winter, Spring

Cost: No Cost | **Siblings:** No

Session structure: Skill development, water safety awareness

SPRING 2022 SWIM (13YRS+) LOCATIONS & TIMES

City	Facility	Day	Time	Starts	Ends
Chilliwack	Cheam Leisure Centre	Sunday	Noon-12:45pm	Apr 10	Jun 19
Langley	W.C. Blair Recreation	Saturday	11:30am-	Apr 9	Jun 11
Maple Ridge	Maple Ridge Leisure Centre	Saturday	2:00pm-2:45pm	Apr 9	Jun 11
Port	Hyde Creek Recreation	Sunday	12:30pm-1:15pm	Apr 10	Jun 19
Surrey	Guildford Recreation Centre	Sunday	3:15pm-4:00pm	Apr 10	Jun 19
Vancouver	Jewish Community Centre	Saturday	Noon-12:45pm	Apr 9	Jun 11

In-Person & Virtual

The Monthly Youth & Adult Program provides opportunities for participants to get together in-person and virtually to try new activities!

Events and locations change each month to offer a range of activities that encourage social engagement.

Sign up for the [Youth & Adult newsletter](#) to stay up-to-date on upcoming programs details and registration periods >>

Virtual Programs offered monthly:

Virtual Meet Up (13+yrs)

An opportunity to get together online, socialize, and play fun games. A CAN staff mediates the group, introducing fun activities.

Virtual Movie Club (13+yrs)

The group will vote on which movie they want to watch after registering for the program. Participants require their own Netflix account with Teleparty installed (a free application; instructions for installation are provided).

In-Person Programs offered monthly:

Various (All Regions)

Specific activities TBD. Areas of focus are: Leisure and Recreation, Social Connection, Employment and Volunteering, Skill Development and Healthy Living.



Registration opens on a monthly basis!

Check the monthly [newsletter](#) for registration dates.

Weekly Youth and Adult Program provides opportunities to get together and build skills and friendships! All activities are facilitated by experienced CAN staff and dedicated volunteers.

Fitness

Introduction to body weight exercises and cardio circuits. Participants are also encouraged to build independence and incorporate fitness routines into their schedule outside of the program.

Intro to Rowing (3-wk program)

Learn the basics of rowing, on-land training and on-water rowing. The rowing stroke uses the whole body (legs, back and core, arms and shoulders) to propel the boat backwards through the water.

The repetitive motion can be a relaxing recreational activity, or become a competitive pursuit.

Music

Play basic percussion instruments in a group lesson format. Taught by experienced Sarah McLachlan School of Music instructors and supported by CAN staff and volunteers.

SPRING 2022 YOUTH (13-17YRS) PROGRAMS

Program	City	Location	Day	Time	Start Date	End Date
Fitness	Coquitlam	Pinetree Community Centre	Sunday	10:00am-11:00am	Apr 24	Jun 12
Music	Vancouver	Sarah McLachlan School of Music	Friday	6:45pm-7:30pm	Apr 22	Jun 3
Walking Club	Surrey	Surrey Art Gallery & Surrey Arts Centre	Sunday	10:00am-11:15pm	Apr 24	Jun 12
Walking Club	Vancouver	Seawall near Science World Entrance	Sunday	10:00am-11:15am	Apr 24	Jun 12

Program Structure

Once per week, 6-8 weeks; session duration varies.

Seasons: Fall, Winter, Spring

Age: Select programs are for all ages 13+, while others are divided by ages 13-17 or 18+.

Cost: No Cost

Siblings: No

Health & Safety:

[View CAN's Response to the Ongoing Pandemic.](#)

Try It!

Led by various staff from North Vancouver Recreation and Culture (NVRC) and supported by CAN staff and volunteers. Activities may include fitness, art, yoga and sports!

Walking Club

Stretch your legs and enjoy a walk while getting to know each other and building peer relationships.

Outdoor Active (Kelowna)

In partnership with Community Recreation Initiatives Society (CRIS) in Kelowna. Bike, hike and potentially snow shoe (depending on weather conditions).

SPRING 2022 YOUTH AND ADULT (13+YRS) PROGRAMS

Program	City	Location	Day	Time	Start Date	End Date
Fitness	Langley	Timms Community Centre	Tuesday	5:45pm-6:45pm	Apr 26	May 31
Fitness	Victoria	PISE (Pacific Institute for Sport Excellence)	Saturday	11:00am-12:15pm	Apr 23	Jun 11
Intro. to Rowing	Vancouver	False Creek Rowing Club	Sunday	11:00am-1:30pm	Apr 24	May 8
Intro. to Rowing	Vancouver	False Creek Rowing Club	Sunday	11:00am-1:30pm	May 15	Jun 5
Outdoor Active	Kelowna	TBD	Thursday	6:00pm-7:30pm	Apr 21	May 26
Try It!	North Vancouver	Harry Jerome Community Recreation Center	Wednesday	6:00pm-7:30pm	Apr 20	May 25
Walking Club	Nanaimo	Maffeo Sutton Park	Sunday	3:00pm-4:30pm	Apr 24	Jun 5
Walking Club	Victoria	Beacon Hill Park	Wednesday	5:00pm-6:30pm	Apr 27	Jun 1

SPRING 2022 YOUTH AND ADULT (18+YRS) PROGRAMS

Program	City	Location	Day	Time	Start Date	End Date
Fitness	Coquitlam	Pinetree Community Centre	Sunday	11:15am-12:15pm	Apr 24	Jun 12
Walking Club	Surrey	Surrey Art Gallery & Surrey Arts Centre	Sunday	11:30am-12:45pm	Apr 24	Jun 12
Walking Club	Vancouver	Seawall near Science World Entrance	Sunday	11:30am-12:45pm	Apr 24	Jun 12

Reg. opens: Mon, Feb 7 at noon | Reg. closes: Sun, Feb 13 at 11:59pm

Weekly Virtual Programming for Youth and Adults provides opportunities to connect through online programming. All sessions are facilitated by CAN staff and hosted through Zoom.

Remember to sign up for the [Youth & Adult newsletter](#) to learn about new monthly programs each month!

Program Structure

Duration: 6 weeks

Seasons: Fall, Winter, Spring

Cost: None | **Siblings:** No

Ages: 13+yrs, 13-17yrs, 18+yrs

Virtual Coding (13+yrs)

The Virtual Coding program is in partnership with CodeAbility. This online program teaches youth and adult on the autism spectrum the basics of coding. No experience or software required!

Virtual Fitness (13+yrs)

Virtual Fitness is an opportunity for youth and adults on the spectrum to participate in an online workout class created by a certified personal trainer.

Fitness sessions will focus on aerobic endurance, strength, and flexibility and will feature activities that can easily be done from home – no previous fitness experience required.

Virtual Meetups (13-17yrs, 18+yrs)

Virtual Meetups is an opportunity for youth and adults on the spectrum to meet up online, build social relationships, and play fun games. CAN staff mediates the group, introducing fun activities each week.



SPRING 2022 WEEKLY VIRTUAL PROGRAM DATES & TIMES

Location	Age	Activity	Day	Time	Start Date	End Date
Online	13+yrs	Virtual Coding	Wednesday	5:00pm-6:00pm	May 11	Jun 15
Online	13+yrs	Virtual Fitness	Wednesday	6:30pm-7:30pm	Apr 27	Jun 1
Online	13-17yrs	Virtual Youth Meet Up	Thursday	5:45pm-6:45pm	Apr 28	Jun 2
Online	18+yrs	Virtual Adult Meet Up	Thursday	7:00pm-8:00pm	Apr 28	Jun 2

Reg. opens: Mon, Feb 7 at noon | Reg. closes: Sun, Feb 13 at 11:59pm

**A CAN membership is NOT required to apply!*

Develop pre-employment skills and gain a work experience placement opportunity in the **hospitality industry** with the Lower Mainland!

Format

- 6 wks of paid classroom training (online and in-person at the CAN office), M-F, 9:30am-3:30pm
- Gain certificates in First Aid, Food Safe, Super Host and WHMIS
- 6 wks paid work placement (hours may vary depending on the employer and work experience may take longer than 6 weeks)
- **Participants will receive approximately \$5,000** in hourly wages for their time in our classroom and at their work experience; additional work attire and transportation stipends are also available.

Upcoming Cohorts

- March 7—May 27, 2022 - [Apply by Feb 13 !](#)
- June 13 – September 2, 2022
- September 19 – December 9, 2022

Participant Intake

Please note that this program does not appear in our typical program registration system.

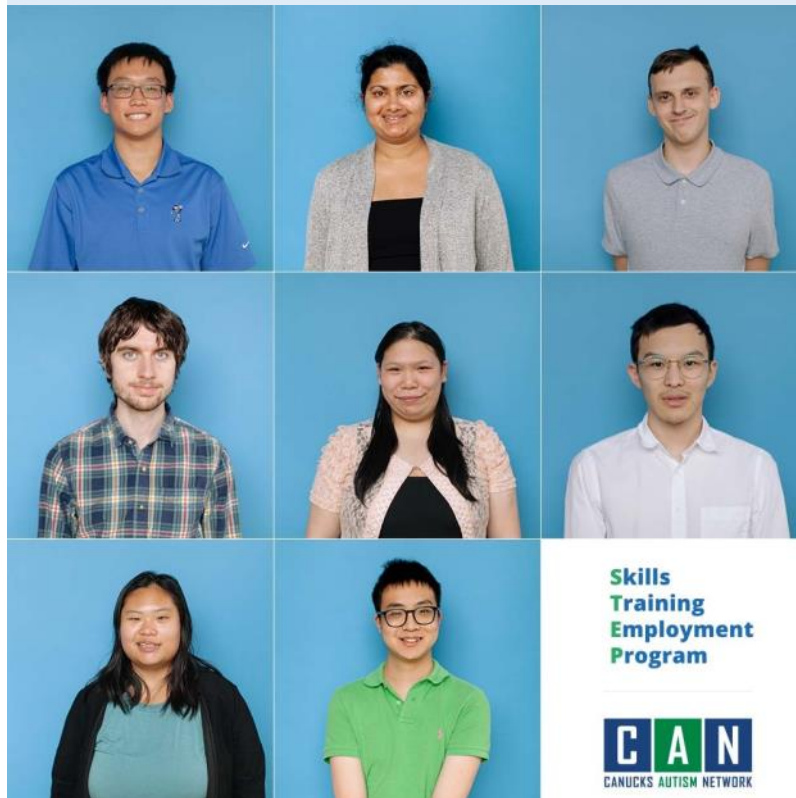
In order to apply, please review full program details at canucksautism.ca/step.

Contact: step@canucksautism.ca

Nadine Wilk and Wanda Gibson
CAN-STEP Employment Facilitators

Eligibility Requirements

- Between 15-30 years old
- Self-identify as being on the autism spectrum
- Not registered in secondary or post-secondary school
- Unemployed or precariously employed
- Not receiving Employment Insurance (EI) benefits
- Canadian citizen, permanent resident, or granted refugee status
- Legally entitled to work in Canada
- Committed to the entirety of the 12-week program
- Interested in working in the **hospitality industry**



Family Experiences provide opportunities to enjoy a variety of fun activities in a safe, supportive and non-judgmental environments. We offer a range of activities throughout the year that are open to the entire family, with all ages welcome.

Keep an eye out for [upcoming newsletters](#) announcing registration dates for Family Experiences.



Sports Day, 2019

TYPES OF FAMILY EXPERIENCES

Exclusive Family Experience

This is the style of Family Experience that many of our longtime members have come to know and love.

- CAN tents/signage on site
- CAN staff and volunteers on site supporting the event
- Venues are often open exclusively to CAN families
- Goal is for CAN families to connect in a welcoming and non-judgmental environment
- Accommodations are made to ensure the event is autism friendly

Community Family Experience

This type of Family Experience invites CAN members to enjoy a fun activity alongside the general public.

- Fewer CAN staff and volunteers supporting
- Venue is open to the public during the CAN timeslots
- Goal is for CAN families to enjoy a safe and fun activity in their community
- Autism accommodations are made, wherever possible (i.e. designated quiet room)

Independent Family Experience

This type of flexible Family Experience was introduced in response to COVID-19 restrictions.

- No CAN presence at the event (no staff, volunteers or tents)
- Venue is open to the public
- May run over a number of days, with CAN families choosing a day and time that works with their schedules
- Goal is to provide families with a low barrier (little or no cost) opportunity to try a fun activity in their community

SPRING 2022 FAMILY EXPERIENCE LOCATIONS & TIMES

City	Facility	Activity	Type	Date & Time
Vancouver	BC Place	Sports Day*	Exclusive	June 5 1:00pm-4:00pm
Vancouver	Teahouse in Stanley Park	Easter Breakfast & Egg Hunt*	Exclusive	April 9 8:30am-10:00am 10:00am-11:30am

[View our full Family Experiences Safety Plan >>](#)

**Opportunities in all regions TBA throughout the season!*

Canucks Autism Network (CAN) continues to adjust programming based on ongoing updates from the local health authorities. We are taking a number of steps to ensure that in-person programming is structured in a way that creates maximum possible safety for participants, volunteers, and staff.

Thank you to our entire CAN community for your ongoing patience during this time. Our team continues working hard to ensure that our members are able to access in-person programming safely.

[Read CAN's Safety Plan >>](#)

Key Summary:

- **Health Screening:** Upon arrival at the program, each participant will receive COVID-19 screening by the CAN Onsite Supervisor. If an individual responds "yes" to any question on the health survey, they will not be allowed to enter the facility and will be sent home immediately, along with the recommendation to contact Health Link BC at 8-1-1.
- **Physical distancing:** CAN will abide by provincial health guidelines.
- **Masks are recommended and dependent on each facility. They are not required outdoors or on the field of play.**
- **Spitting and spraying of water bottles are prohibited in all programs**
- **Spectators:** CAN will work closely with each facility to determine where, if anywhere, spectators will be allowed and what facility-specific policies they will need to observe while onsite.
- **Cleaning & sanitization of program equipment**
- **Frequent hand washing and sanitizing**
- **If required, program suspensions may occur in accordance with mandates set by the provincial health authorities**

For additional details on the safety measures implemented, please see a summary on our [Updated Safety Plan](#) at canucksautism.ca/safetyplan.

Youth & Adult Program Note:

Proof of Vaccination: If a facility requires proof of vaccination, it will be noted on the registration page. Facility-specific information will be sent to confirmed participants of indoor Youth & Adult programs.



Participant Support

- At Canucks Autism Network (CAN) programs, participants are supported by trained program coaches, experienced support workers and dedicated volunteers.
- At CAN, we strive to meet the needs of each participant through collaboration.

Parent and Guardian Collaboration

- **We strongly encourage parents/caregivers to ensure that their child's profile is up -to-date in the CAN Registration System.** This information is provided to CAN staff at the beginning of each program so that customized support can be provided to each child. Having detailed information about the support strategies that work best for your child helps CAN staff to support the unique needs of each participant.
- Throughout the program, if parents/caregivers have questions or concerns, they are welcome to contact the Program Coordinator, whose information will be provided when registration is confirmed.

Youth and Adult Participant Collaboration

- We encourage youth and adults on the spectrum to speak directly with program coaches and staff about how they would like to be supported. CAN is committed to supporting each participant to meet their unique needs.

Youth and Adult Leadership Group

Help us shape the future of youth and adult programs at CAN! To learn more, email mark.comfort@canucksautism.ca for more information or sign up for the [Youth & Adult newsletter](#).

Spring Program Registration Period

- **ONLINE REGISTRATION TAKES PLACE MONDAY, FEBRUARY 7 AT NOON, AND CLOSES SUNDAY, FEBRUARY 13 AT 11:59PM.**

Pending Enrolment Registration Process

- All registration requests have a status of Pending, meaning that spots are not provided on a first-come, first-served basis – this allows us to accommodate more individuals into our programs throughout the year.
- There is a program ranking feature to allow participants to communicate their order of preference for programs – we encourage participants to request more than one program, so that if we cannot enroll them into their first choice, we can try to accommodate them into their second or third choice.
- For a step-by-step guide on how to complete program registration, please watch this [how to register for programs tutorial video](#).

Reminders

- **Due to high demand, waitlists do occur.**
- Enrolment decisions are based on a number of different factors, the most significant being demand for the program.
- For more information on the registration process, please read [this blog post](#).

Program Fees

- Once confirmed, participants enrolled into a Spring 2022 program, will have a program invoice owing in their online account – families will receive additional information on how to process this program fee by the payment deadline.
- For information on payment options, including credit card, Autism Funding, and CAN fee assistance program, please see the [Policies & Payment Options](#) page of our website.

Missed Program Registration?

- Late requests may be emailed to info@canucksautism.ca, with the participant's name and age, and program name, location, and time.

Additional Information — Registration

For some Canucks Autism Network programs, there is a highly subsidized program fee. CAN does not wish for a fee to act as a barrier to participation, and along with traditional payment methods (i.e. credit card, cheque, and cash) participants may also process their fee through one of the following options:

1. Autism Funding

- Parents/guardians of participants' ages 6-18 are able to submit a Request to Pay form to Autism Funding for the program fee.
- For participants 5yrs and younger, parents/guardians are welcome to contact Autism Funding to inquire about the eligibility of a program fee being covered through a participant's funding.

2. CAN Fee Assistance Program

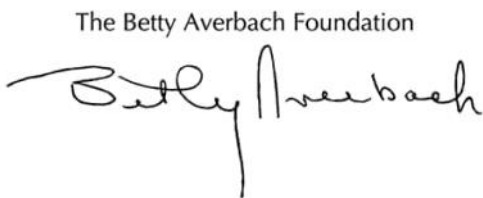
- The CAN Fee Assistance Program helps to alleviate any financial barriers to participation.
- For more information, please email: info@canucksautism.ca.

3. Additional Payment Options

- CAN is open to working with participants to process program fee payments through additional routes, including bursaries.



Thank You to Our Sponsors for Spring 2022





1788 West 8th Avenue

Vancouver, BC

Canada V6J 1V6

P: 604-685-4049

E: info@canucksautism.ca