

**COACH
ACADEMY**



**PACIFIC
SPORT**
VANCOUVER ISLAND

Schedule: 2024/2025

Semester One: The Art of Coaching

September to December 2024

<i>Date and Time</i>	<i>Topic</i>
Sunday September 29: 6:30-8pm	Coach Academy Introduction
Sunday October 6: 6:30-8pm	Workshop One: Coaching Values
Sunday November 3: 6:30-8pm	Workshop Two: Setting Program Targets
Saturday November 16: 9am-12pm	NCCP Planning a Practice: Part One
Sunday November 17: 9am-12pm	NCCP Planning a Practice: Part Two
Saturday November 30: 9am-12pm	NCCP Design a Basic Sport Program
Sunday December 1: 9am-12pm	NCCP Design a Basic Sport Program

**PacificSport VI
Workshop**

**National Coach
Certification Program
Course**

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Semester Two: The Coaching Environment

January to March 2025

<i>Date and Time</i>	<i>Topic</i>
Saturday, January 18, 9am-1pm	NCCP Basic Mental Skills
Sunday February 2, 6:30-8pm	Workshop One: Creating Culture
Saturday February 22: 9am-12pm	NCCP Teaching and Learning: Part One
Sunday February 23: 9am-12pm	NCCP Teaching and Learning: Part Two
Sunday March 2: 6-8:30pm	Reconciliation in Sport with Alex Nelson

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**External Guest
Presenter**

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Semester Three: Coaching That Inspires

April to May 2025

<i>Date and Time</i>	<i>Topic</i>
Saturday April 5: 10-11:30am	Video Analysis with Dan Geneau
Sunday April 6: 6:30-8pm	Workshop One: Athlete Learning
Sunday April 27: 6:30-8pm	Workshop Two: Mental Performance & Coaching
Sunday May 4: 6:30-8pm	Workshop Three: Mental Performance Two & Final Assignment

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